

Multnomah Channel Yacht Club



Chaplain's Log – August 2010

Greetings Club Members, Family & Friends

Why Me, God? - Changing our Thinking

When something happens that deeply touches us, we often ask, "Why me, God?" We are quick to judge the event as good or bad. What if we were to eliminate the possibility that anything that happens to us is inherently bad and choose to believe that everything that happens to us is always good? Impossible, you say?
It has to be one or the other, doesn't it?

Belief systems are changeable. When we discover that something we have believed, even for a long time, is no longer valid, can we not simply change our mind and fully embrace the new? If you are crying out "Why me, God?" you must believe there is a God out there who hears you and you have hoped He would answer you. Maybe there was a time when you didn't believe there was a God at all. If you changed your mind and opened your life to God, then you can also change your mind about judging events as being bad for you.

When we choose to believe that ALL the events in our life are good for us, even the ones that seem frustrating and painful for now, we are agreeing with God! When we choose to believe and trust God that there will always be a good outcome, we are trusting Him! Only God knows why we are going through these circumstances. Our new dialogue with God will be, "God, this is going to be an interesting journey. I'm excited to see how you are going to bring good out of this one. I trust you will!"

"All things work together for the good of those that love the Lord and are called according to his purpose" Romans 8:28

Blessings & Peace Everyone!
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