

Multnomah Channel Yacht Club



Chaplain's Log - September 2010

Greetings Club Members, Family & Friends

Advice for a Happier & More Peaceful Life

For those, like me, that need a little help remembering once in a while...

<u>S.M.I.L.E.</u>	Special M agic I n L iving E veryday
<u>P.E.A.C.E.</u>	Pray E veryday A nd C herish E veryone
<u>H.U.G.</u>	H earts U nderstand G oodness
<u>H.O.P.E.</u>	H e O ffers P eace E veryday
<u>F.A.I.T.H.</u>	For A ll I T rust H im
<u>G.R.A.C.E.</u>	God's R iches A t C hrist's E xpense
<u>B.I.B.L.E.</u>	B asic I nstruction B efore L eaving E arth
<u>S.T.A.R.</u>	Show T hankfulness A ppreciation R espect
<u>F.E.A.R.</u>	F alse E xpectations A ppearing R eal
<u>L.O.V.E.</u>	Love O thers V ery E agerly
<u>E.G.O.</u>	E dging G od O ut

A quote from a famous modern day nautical philosopher

“If we couldn't laugh, we would all go insane”

Jimmy Buffet - “Changes In Latitudes, Changes in Attitudes”

Many Blessings & Please... Be Kind to Yourself & Others!

Chaplain Randy

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